

College of Computer Science & Information Technology, Mahad, Dist.-Raigad

(Affiliated to University of Mumbai)
NAAC Accredited with 'B' Grade

Mumbai-Goa Highway, Behind Dharia Petrol Pump, At-Chambharkhind, Post/Tal.-Mahad, Dist.-Raigad. Pin Code: 402 301 **Website:** www.hirwaleducationtrust.com, **Email:** hirwaleducationtrust@rediffmail.com

Seminar on "Thalassemia Awareness"

Date: 05/01/2024 **Time:** 11:00 am

Venue: Campus, HET'S, CCSIT.

Organized By: Science Department



Introduction: Thalassemia is a genetic blood disorder that affects hemoglobin production and causes anemia. The Thalassemia Awareness Workshop aimed to provide comprehensive insights into the various aspects of thalassemia, including its types, genetic basis, symptoms, diagnosis, treatment options, and the impact on individuals' lives.

Objective:

The primary objectives of the workshop were to:

- Increase understanding of thalassemia among participants.
- Raise awareness about the importance of genetic testing and counselling.
- Provide insights into the challenges faced by individuals with thalassemia and the available support mechanisms.
- Encourage participants to actively contribute to thalassemia awareness campaigns

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Proceedings: The seminar was organized by Department of Science in our college. The program started at 11:00 am. Approximately 100 students attended this seminar. The Chief Guest for the Program was Mr. Mahesh More, Manager of Jankalyan Blood Bank, Mahad and Mrs. Bhranti Khopkar, Technician, Jankalyan Blood Bank, Mahad.

The details of the program are as follows:

1) The program was inaugurated by lighting the lamp and worshipping lord Saraswati.





2) Master. Prathmesh More from F.Y.B.Sc hosted the proceedings and introduced the chief guest.





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3) Mr. Sudesh Kadam I/c Principal felicitated Mr. Mahesh More Sir & Mr. Rakesh Sir felicitated Mrs. Bhranti Khopkar Mam.

Proceeding: The workshop brought together students, educators, healthcare professionals, and community members interested in learning more about thalassemia.

The session began with an overview of the historical context of thalassemia, emphasizing its prevalence in certain regions and populations. Mr. Mahesh More engaged the audience through interactive sessions, encouraging questions and discussions. Real-life case studies were presented, providing a practical understanding of the challenges faced by individuals living with thalassemia. Detailed explanations were provided on the two main types of thalassemia: alpha and beta. Visual aids and interactive activities were used to enhance participants' understanding. Participants engaged in a discussion about the global prevalence of thalassemia and the geographical regions most affected. An interactive session focused on recognizing early signs of thalassemia in children, promoting participant engagement through case studies and group discussions. Detailed explanations were given on the various diagnostic methods, including blood tests and genetic screening. Participants gained insights into the challenges of diagnosing thalassemia accurately.



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Participants were introduced to the different treatment modalities, including blood transfusions, iron chelation therapy, and bone marrow transplantation. The limitations and benefits of each were discussed.

Mrs. Bhranti mam spoke about her targets and the evolving background of blood banking. Her presentation offered a unique glimpse into her experiences, challenges, and achievements in working towards ensuring a strong and efficient blood banking system. The speaker candidly spoke about the challenges encountered in her career. From managing the logistics of blood collection to addressing regulatory compliance, Mrs. Bhranti emphasized the need for spirit of blood donation.

The seminar left an unforgettable impression, with Mr. Mahesh More and Mrs. Bhranti underscoring the critical importance of blood donation from both medical and practical perspectives. Their shared passion and commitment resonated with the audience, inspiring a collective sense of responsibility towards blood donation as a fundamental aspect of community health.





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Principal Mr. Kadam Sir express his thought about this seminar and thanks to both the guest speaker to aware about this disease and blood donation.

The seminar concluded by vote of thanks.



• Some Glimpses of Program:





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Outcome:

- 1. A comprehensive recap summarized key learnings from each session, ensuring participants left with a solid understanding of thalassemia.
- 2. Gratitude was expressed to the speakers, organizers, and participants for their contributions to the workshop's success.
- 3. Participants were encouraged to stay engaged in thalassemia awareness efforts, whether through educational initiatives, community outreach, or support for affected individuals.

Department of Science HOD

Reg. No. 16 E - 432 Ralgad & Mahad-Rada

I/C PRINCIPAL
College of Computer Science
and Information Technology
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Activity Name / Competition Name / Meeting: - Seminar on Thalassemio.

List of participants

	List of particip	os/01/24	
Sr.No	Student Name	Class	Signature
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2)	Megha Malusare	-11-	Dung
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